



BULLETIN HIGHLIGHTS

NOVEMBER 2025



CO-PRESIDENTS' MESSAGE

We've hardly had time to digest from our delightful Frescolio dinner on October 29th and November is upon us! There are so many exciting opportunities to spend time at the club this month. We encourage you to attend the upcoming program lunch on November 14th featuring Downtown Biz CEO Kate Fenske. Learn more about artificial intelligence on November 26th when Dr. Michael Holden presents on AI in Education. Don't forget our Continuing Education November Sunday series on the works of Alfred Hitchcock with Alison Gillmor. Come with friends and family to the Christmas Market on November 7th and 8th. This is our major annual fundraiser for the club...it's all hands on deck and a lot of fun!

There is still time to participate in the Poinsettia sale. These seasonal plants brighten your home or make a thoughtful gift for family and friends. Orders are due by noon on November 13, 2025.

Elsewhere in the bulletin read all about another tradition for our club. The Shoebox Project. Your gift makes the holiday season just a little better for homeless and at risk women.

Finally, best wishes are extended to our club coordinator Jolene Plawicki. Jolene is now on leave awaiting her surgery date in November. We wish her a speedy recovery and look forward to her return to the club as soon as possible.

Read on!



Our Name in Lights

The 150 Manitoba Women Trailblazers Mural was unveiled at the corner of Sargent and Arlington on October 24th, 2025. The West End Biz spearheaded the recognition of the 150 women/women's organizations who helped build Manitoba, through this mural.

As part of the 150 year celebration of Manitoba, this project was undertaken by the Nellie McClung Foundation to ensure that more recognition was given to the role of women in developing Manitoba. The University Women's Club was one of the names recognized as having played an important part in Manitoba's history.

You can read more about the Club and the many other women trailblazers on the Nellie McClung website.

<https://www.nelliemcclungfoundation.com>

The University Women's Club has a really proud history. We have been part of many significant improvements in the lives of women - not the least of which was our role in helping get the vote for women.

It is gratifying to see this kind of recognition.

Drive by and see our name in lights - well at least on a plaque alongside other women who have done so much to improve lives in Manitoba and Canada. Our voices have been important and they continue to be needed.

UWC Activity Groups

CONTEMPORARY

LITERATURE BOOK CLUB

All members are welcome to the November 4th

Contemporary Literature Book Club meeting at 1 PM. We will be discussing Kate Quinn's novel, BRIAR CLUB. How appropriate to delve into female friendships and secrets in a Washington, DC boarding house during the McCarthy era!

MAHJONG

We meet the first and third Tuesday of the month at 10a.m. until 12noon.

In November we will meet on the 4th and 18th.

WEDNESDAY

AFTERNOON BOOK CLUB

We meet the 2nd Wednesday of the month from **1-3:00**.

November 12th Shelagh Marchenski will present Lessons in Chemistry by Bonnie Garmus.

December 10th Nancy Rutherford will present The Women by Kristin Hannah.

Club members are welcome to attend all presentations.

OUT TO LUNCH BUNCH

Next Lunch November 28th!

SCRABBLE N' BABBLE

Due to Christmas Market "Scrabble and Babble" will be on **Wednesday, November 12th** at 10 a.m. All welcome!

SUNROOM GROUP

The Sunroom Group is back in full swing - we are hoping to have you drop in and see us on Thursday afternoons from 1:15 -3:00 or so. Come and relax with other club members, share some laughter, stories, and delicious cookies with your tea and coffee. All are welcome! See you in the Sunroom

SOCIAL BRIDGE

As **November 11** is a statutory holiday, we will not play Bridge that day. We will play in the afternoon of **November 25**, starting at 1:00 p.m. New players are welcome to come and observe, or join right in.

MYSTERY READERS

Mystery Readers will meet Nov. 26 at 1:00 pm for their annual Christmas exchange of books. For more information on how to join in please contact me.

WRITING GROUP

Next meeting November 13th at 1:00pm!

UWC - EXPLORE CONTINUING EDUCATION

Hitchcock: An Introduction



Alison Gillmor

Alison Gillmor, who studied at the University of Winnipeg and York University, is a pop culture columnist for the Winnipeg Free Press and has written on art, books, film, architecture and design for Border Crossings, Canada's History, Canadian Geographic, The Walrus and the Winnipeg Architecture Foundation.

She was a longtime sessional lecturer in Art History at the U of W and now teaches film and visual arts courses in the McNally Community Classroom.

We are very pleased to welcome back Alison Gillmor to guide us through the works of Alfred Hitchcock Sunday afternoons in November. Join us for an insightful examination of film, with lively company, beverages and snacks. Hitchcock: An Introduction will look at three different periods in the director's career, covering issues of biographical and historical context, cinematic style, and recurring thematic obsessions. Participants will watch each film ahead of time, and each class will include background information, video clips and discussion.

November 16th: The 39 Steps (1935), directed by Alfred Hitchcock and starring Robert Donat and Madeleine Carroll. Available to watch free on JustWatch or Plex. Available to rent on YouTube or the AppleTV store.

November 23rd: Rear Window (1954), directed by Alfred Hitchcock and starring James Stewart and Grace Kelly. Available to rent on YouTube, AppleTV store, Amazon Prime Video or Cineplex.

November 30th: Psycho (1960), directed by Alfred Hitchcock and starring Janet Leigh and Anthony Perkins. Available to rent on YouTube, AppleTV store and Amazon Prime Video.

Join us in November for this engaging series with the incomparable Alison Gillmor.

Reserve your seats early as space is limited.

Dates: Sundays, November 16th, 23rd and 30th

Time: 1:30 - 3:30 PM

Fee: Members \$50 Non-Members \$65 (Includes beverage and snack)

Sign up online, email uwc@mymts.net or call 204-954-7880. You can also visit UWC at 54 West Gate to sign up in person during business hours (Tuesday - Thursday). Payment is required at time of registration. We accept cheque, debit, e-transfer to uwcfin@mymts.net or cash.

UWC - ENGAGE PROGRAM & LUNCH

Downtown Matters: A Positive Transformation.

Date: November 14, 2025

Bar Open: 11:30PM

Lunch: 12:00PM

Presentation to follow.

What happens downtown affects the entire city.

Kate will share an inside look at how the BIZ serves the community, the partners working to address today's toughest challenges, and the bold changes underway to reimagine our city's core, e.g. new events, placemaking initiatives, growing residential population, and evolving safety strategies. Most importantly, she'll show how each of us can play a role in shaping a vibrant, welcoming, and thriving downtown that benefits all Winnipeggers.

Menu

Chicken breast stuffed with goat cheese and red pepper, roasted potatoes, honey glazed carrots, and lemon square.

Cost \$25



Kate Fenske
CEO, Downtown Winnipeg BIZ

Kate has been the CEO of Downtown Winnipeg BIZ since 2018 and received her designation as a certified Leader in Place Management (LPM) this year. Before joining the BIZ, Kate built a career in journalism and communications across government, non-profit, and private sectors, driven by her passion for Winnipeg.

Register ASAP and by noon, Wednesday, November 12th via online, by emailing uwc@mymts.net, calling 204-954-7880, or in person. We accept e-transfer to uwcfm@mymts.net, cheque, and debit.

UWC - ENGAGE PROGRAM & DINNER

ARTIFICIAL INTELLIGENCE IN EDUCATION

What do you know about, and think about, one of today's most significant technologies?

Artificial Intelligence (AI) has upended K-12 and higher education. For three years, teachers and students have been bombarded with an ever-increasing array of tools for generating text, images, video, music, and code at the push of a button. Mike's interactive talk will focus on what AI is, how schools are responding, and possible paths forward in "the age of AI."

Date: **November 26, 2025**

Bar Open: 5:30PM Dinner: 6:00PM

Presentation to follow.

Dinner Menu

Lemon pepper salmon, rice, green beans almandine, Caesar salad, brownie with ice cream

Cost \$35



Dr. Michael Holden

Dr. Michael Holden is an assistant professor of pedagogy and praxis in the Faculty of Education at the University of Winnipeg.

His research examines the complexities of teaching, learning, and assessment in contemporary education, with a particular focus on collaborating with teachers as they work to provoke and support emergent learning.

Register ASAP and by noon, Friday, November 21st via online, by emailing uwc@mymts.net, calling 204-954-7880, or in person. We accept e-transfer to uwcfm@mymts.net, cheque, credit and debit.

Scholarship Corner

A most informative and pleasant afternoon was provided by the University Women's Club Scholarship Trust Fund on October 15. Members and guests were treated to a visit by Verena Menec, a 1987 winner of the UWC Scholarship Trust Fund's Jubilee Scholarship. Dr. Menec relayed the importance of our scholarship to her education and life work.

It was interesting hearing about her involvement in the Canadian National Longitudinal Study on Aging. We were reassured of the important social connections membership in our Club provides which contribute to both physical and mental health.

Adding to both aspects of the talk was the social time of the traditional carrot cake, coffee, tea and conversation. Many donations to the scholarship fund were welcomed in the silver collection bowl.

Further donations are always welcome. Cheques made out to the UWC Scholarship Trust Fund can be placed in the Scholarship mail box across from the office at the Club. E-transfers can be sent to uwcfm@mymts.net when designated as scholarship donations.

There is also the option of donating to the UWC Scholarship Trust Fund online at <https://www.canadahelps.org/en/dn/48965>.

- Scholarship Committee



CFUW

Originally known as Canadian Federation of University Women, CFUW is a national organization consisting of 90 clubs including your own UWCW.

I encourage all members to subscribe to the weekly CFUW Club Action Newsletter by going to the CFUW website and looking for the tab to click to sign up.

The newsletter contains information about what our national organization is up to as well as opportunities to virtually attend presentations from a variety of speakers.

There are webinars in the most recent issues which may be of interest, including:
Education Committee: Pathway to Economic Security Through
Financial Education and Empowerment.

ISP 2025-2027 Webinar by Stephen Lewis Foundation.

PROGRAM

Looking ahead, our December 12 lunch program brings the always popular musical event with the Westgate Mennonite Collegiate choir. The holiday dinner will be on December 17. We are planning to do something different this year and include music after dinner rather than a speaker.

Also, if any members who have had books published, or are in the process of writing or researching, are interested in perhaps speaking briefly at a future program, as part of a panel, please let me know. You can reach me at

rosalynhoward204@gmail.com.

We always welcome ideas for program topics and/or speakers. See you at the club.



CIA

Women in Policy and Leadership Panel

Women's Health course at McGill University are holding a Women in Policy and Leadership Panel, a discussion celebrating women trailblazers who are shaping today's political and policy landscape.

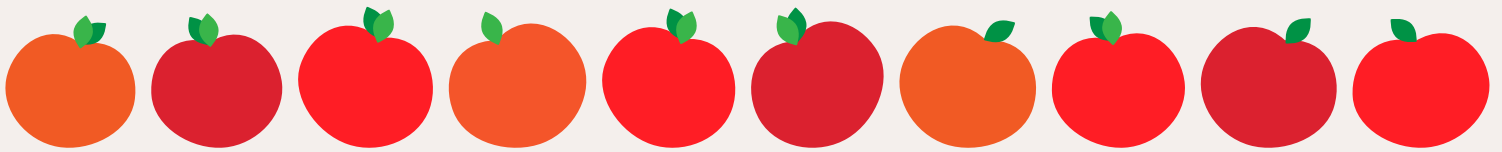
Monday, November 10, 2025 9:00 – 10:30 AM (EST)

The event will feature four distinguished speakers:

- Honorable Eleni Bakopanos, Former Parliamentary Secretary to the Minister of Justice and Attorney General of Canada, from 1997-1999.
- Anuradha Dugal, Executive Director of Women's Shelters Canada
- Emmanuella Lambropoulos, Member of the House of Commons and Vice President of the Status of Women
- Meryem Benslimane, Conseil des Montréalaises Member

We invite you to look at our BlueSky account for updates and the YouTube link at

<https://bsky.app/profile/womenshealthmcgill.bsky.social>



What is CIA?

One of the core roles of Current Issues and Action committee is to act as UWC's advocacy arm to help Manitoba/Canada's decision makers make smarter decisions for women and girls.

What does Advocacy Mean?

Advocacy is responsible for many things we now take for granted such as universal Medicare in Canada, women's voting rights, matrimonial property rights and paid maternity leave.

In the context of CFUW, Advocacy means:

Taking action to create change; shaping the public discourse on important social issues; ensuring that the underserved communities have a voice in forming policies that affect them; talking to politicians to ensure that the public interest issues are on their agenda; remaining non-partisan - not associating with a political party; informing ALL political parties of CFUW's stance on an issue; representing and helping people understand personal opinions and needs of another group; engaging others, exercising your voice and mobilizing evidence to influence policy and practice; speaking out against inequity and inequality; and participating directly and indirectly in political processes and acknowledging the importance of evidence, power and politics in advancing policy options. Advocacy is a core function of UCW, as part of our association with our national body CFUW, and is at the heart of the mission and vision of CFUW.

CIA cont'd

So what are we doing? Working on Resolutions

At this year's CFUW's AGM there were seven resolutions passed.
The CIA committee has decided to focus on two of these:

Affirming Housing as a Human Right and Social Good; Strengthening the Awareness and Safekeeping of Individuals and their Animals Experiencing Domestic Violence

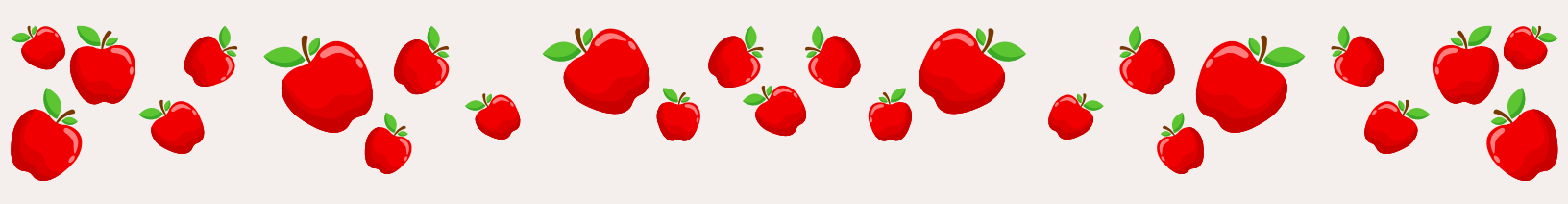
The national CFUW organization is very supportive. Each fall they prepare an Advocacy package that outlines potential activities that a Club can do to promote/ build awareness of the issues that women across Canada have indicated are important. We are discussing many other projects such as peace and International Women's Day activities.

If these are areas of interest to you, please join us.
If you have other 'passions' come and find partners to help pursuit these.

The Shoe Box Project

Another role that the CIA committee has is to build coalitions, outreach to like minded organizations to support women in education, social issues and protecting human rights for girls and women.
One of the ways UWC has reached out to the community is through the Shoe Box project.
Find more about this later in this issue of the bulletin.

Please consider joining the CIA and use your voice to make a difference for women.



Event Highlights!

We were delighted to host the Senior Ranks of Queens Own Cameron Highlanders of Canada for their Annual Robert Shankland mess dinner this past month! The Queens Cameron is the very same regiment Charles Gordon was Chaplain for during his time in service.





Ralph Connor House in **Vogue!**

Another amazing highlight of our beloved house came from the fantastic couple Maggie and Will who were married here in September.

Maggie is a journalist and their wedding day turned out to be quite the story to tell. Please take a read through her article in Vogue's Wedding section linked here!

[I Honeymooned at Police Headquarters. My Wedding Was Still the Best Day of My Life](#)



POINSETTIA FUNDRAISING SALE

Poinsettias in 6-inch pots, 15" tall in red, pink, or white, \$20.00 each

Return this order form, call or email the Club Office, or submit online [here](#).

Blank forms are also available at 54 West Gate. Payment (cash, cheque, or e-transfer) and orders are due **by noon on Nov. 13th**. Cheques should be made

out to: University Women's Club of Winnipeg, and e-transfers sent to

uwcfm@mymts.net.

Pickup will be Tuesday, December 2nd from 9:30 - 4:30

Name: _____ Phone: _____

Email: _____

Quantity and colour preference of each Poinsettia

Red _____ Pink _____ White _____

Total no. of Poinsettias: _____ @ \$20.00 = _____

Total amount enclosed: _____

Cheque () Cash () Debit () E-transfer Sent ()

Signature: _____

Did you remember all your family & friends, neighbours, and any other folks you'd like to thank during the holidays?

CALENDAR COLLECTION

The 2026 calendars are appearing and once again June Dutka and Dianne Beaven are sending out an appeal to our members for any “freebie” scenic wall calendars received from insurance agencies, florists, etc.

Last year 416 calendars were collected. They were divided between Deer Lodge Centre, Misericordia, and Victoria Hospital. The hospitals really appreciate receiving the calendars, which brighten up the patients’ rooms. Deer Lodge Centre finds that the calendars are an important tool to assist their dementia patients in orienting to the days and seasons.

As usual, there will be prizes for the calendars from the furthest point internationally, nationally and locally as well as a prize for the person who donates the largest number of calendars.

Congratulations to Eleanor Stardom who started the project twenty-two years ago. She will be collecting calendars until Friday, January 2, 2026.

THE SHOEBOX PROJECT

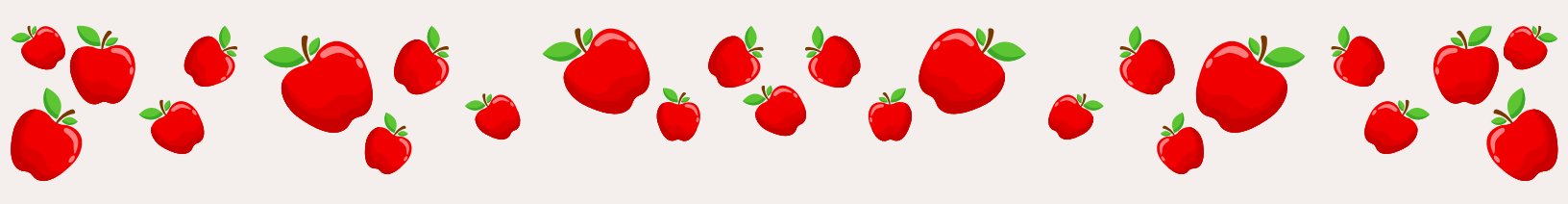
Please join us in our annual Shoebox project

Every year we make Christmas boxes for women in shelters and experiencing homelessness. Won’t you please join us.

Make a Shoebox full of useful daily essentials, (\$50) value.

Find guidelines at <https://www.shoeboxproject.ca/how-to-make-a-shoebox>

Drop it at the University Women’s Club of Winnipeg by Thursday, December 5th and we will make sure that it is delivered.





43rd Annual
*Christmas
Market*
at 54 West Gate

Friday, November 7
10 a.m. to 5 p.m.

Saturday, November 8
10 a.m. to 4 p.m.

**Three floors of crafts, giftware, food items
and guest vendors.**

Bake Shoppe

- Delicious treats and Christmas goodies

Treasure Trove

- A wide variety of gently used items, jewellery, toys, Christmas decorations, and giftware

UWC Crafters

- Handmade items by UWC members

Ralph's Bistro

- Enjoy a tasty lunch or pastries available between 11 a.m. and 3 p.m.

Cash Admission: \$5.00

Please bring your reusable shopping bags

University Women's Club of Winnipeg
Celebrating 116 years - 1909-2025
54 WEST GATE RALPH CONNOR HOUSE

204.954.7880
uwc@mymts.net
UWCWPGMB.COM



UNIVERSITY WOMEN'S CLUB

Presents.....

CHRISTMAS MARKET VENDORS

Sewsewpink

fabric accessories and clothing

Papas Workshop

woodworking and woodturning

Prairie Weavers

group of four weavers

KCo Handmade

pet foods

Wolverine Woodworks

custom wood creations



JRI LeatherWorks
leather design

Clover Honey Pot
health and beauty

Kathleen Isford
potter

Laurie's Beads

Tidal Treasures
crafted jewelery

Sipology
specialty teas

Crochet Creations by Sarah
handmade crochet

REM Fashions
curated fashion



**Frizelda the Witch
witchy wares**

Sunset Gourmet Foods

**Aurora Farms
natural living products**

**Jola Liebzeit
Artist**

Betty B Creations

**Jane Kesselman
handcrafted jewelery**

**Lucienne Cauvi Ainzuaïn
Artist**

**REM Fashions
curated fashion**

NOVEMBER MENUS

MEALS BY WESTGATE CATERING

The regular price for club lunches is \$25.00. The cash bar opens at 11:30 AM, and lunch is served at 12:00 PM. Wednesday dinners cost \$35.00, with the cash bar opening at 5:30 PM and dinner served at 6:00 PM. Meal prices include buns, coffee or tea, taxes, and gratuity.

Beginning September 1st, to secure your spot, sign up [online](#), email uwc@mymts.net, visit in person, or call 204-954-7880. To avoid penalties, you must cancel at least 24 hours in advance.

Menu substitutions are available if requested in advance, and any special preferences, such as seating or parking, should be indicated at the time of reservation.

Please note the new reservation deadlines:

Tuesday lunches — reservations close the previous Friday at noon

Wednesday Program dinners — reservations close the previous Monday at noon

Friday Program lunches — reservations close the previous Wednesday at noon

Tuesday lunch menus

| | |
|------|---|
| 4th | Lasagna (meat or vegetable * *indicate preference when registering), Caesar salad, garlic toast, ice cream and cookie |
| 18th | Chicken portabella mushroom Alfredo, mixed green salad vinaigrette , fruit cup and cookie |
| 25th | Chili, corn bread, raw veggies, cheesecake with strawberry topping |

Program meal and menu

| | |
|------|--|
| 14th | Lunch - Chicken breast stuffed with goat cheese and red pepper, roasted potatoes, honey glazed carrots, lemon square |
| 26th | Dinner - Lemon pepper salmon, rice, green beans almandine, Caesar salad, brownie with ice cream |

NOVEMBER

2026

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|-------------------------|---|--|--|---|--|
| | | | | | | 1 External Event |
| 2 1:30 Member Birthday Celebration | 3 UWC Closed | 4 10am Executive Meeting 10am Mahjong 11:30 Club bar and lunch 1:00 Social Bridge 1:00 Contemporary Readers 4:00 Market set up | 5 Club Closed Market set up and lunch | 6 Club Closed Market Vendor Set Up | 7 Christmas Market 10:00-5:00 | 8 Christmas Market 10:00-4:00 |
| 9 Christmas Market Clean Up | 10 UWC Closed | 11  Remembrance Day Club Closed | 12 10:00 Scrabble 1:00 Wednesday Book Club | 13 10:00 House & Grounds Meeting 1:00 Writing group 1:00 Finance Meeting 1:15 Sunroom Group | 14 11:30 Program lunch and bar with Kate Fenske | 15 External Event |
| 16 1:30 Con Ed with Alison Gillmor | 17 UWC Closed | 18 10:00 Mahjong 10:30 Program Committee 11:30 Club lunch & bar 1:15 Board Meeting | 19 10:00 Scholarship Committee 1:30 CIA Committee Meeting | 20 1:15 Sunroom Group | 21 External Event | 22 External Event |
| 23 1:30 Con Ed with Alison Gillmor | 24 UWC Closed | 25 11:30 Club lunch & bar 1:00 Social Bridge 1:15 Food Services Meeting | 26 1:00 Mystery Readers 5:30 Program Dinner & bar with Dr. Michael Holden | 27 1:15 Sunroom Group | 28 OTLB | 29 External Event |
| 30 1:30 Con Ed with Alison Gillmor | | | | | | |