



BULLETIN HIGHLIGHTS

FEBRUARY 2025

In this issue you can expect:

Co-Presidents' Message	UWC - Explore The Beatles and the British Invasion	Writing Group
Become a UWC Member	UWC - Explore Russia and The West	CFUW News
Book your Events at RCH!	UWC - Engage Lunch and Speaker: Alex Kanu	Scholarship Committee
Communications and Membership News	UWC - Engage Dinner and Speaker: Dr. Philipp Schott	FRCH News
In case you missed it...	UWC Activity Groups	February Menus
UWC - Enjoy Bar 54!	Current Issues and Actions	UWC February Calendar



Co-Presidents' Message

Welcome to February!

We know Spring is peeking around the corner, and we are getting through the shortest days of the year. Why not spend some time at the club enjoying some of the many February events outlined in this Bulletin? Spend Valentine's Day with us as we welcome Alexis Kanu, Executive Director of the Lake Winnipeg Foundation, as she speaks on solutions to restore and protect Lake Winnipeg. What could be more engaging than a three-week Sunday afternoon multimedia course on The Beatles and the British Invasion with the always entertaining John Einarson?

There's lots going on, and we look forward to seeing you soon.

Sue Bishop Sherratt Moffatt

Become a UWC Member

Now is the perfect time to join UWC! For just \$100, enjoy an exclusive *Introductory Year* membership packed with incredible benefits. Don't miss out—unlock new opportunities, connect with a thriving community, and make the most of everything UWC has to offer!



Exclusive rental discounts
at the historic Ralph
Connor House



Members-only programs
designed to inspire and
engage



Access to continuing
education courses to
expand your knowledge



Vibrant social groups
catering to a variety of
interests and passions

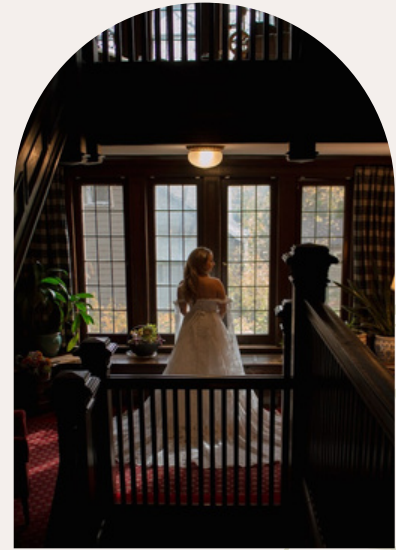
Check out our website at www.uwcwpgmb.com for more details. You may also download the application form [here](#) or email uwcmember@mymts.net.



RALPH CONNOR HOUSE

Nestled in the heart of Winnipeg, this stunning heritage venue offers a romantic backdrop with its grand architecture, vintage details, and beautifully manicured gardens. Whether you're planning a cozy gathering or a lavish affair, Ralph Connor House provides a warm and sophisticated atmosphere that feels both exclusive and welcoming. Imagine exchanging vows in a sunlit room filled with character, toasting with loved ones in an elegant setting, and capturing timeless photos in a space steeped in history.

Let this enchanting venue be the start of your forever story.



Ralph Connor House isn't just for weddings—we're the perfect venue for all your special celebrations! From birthday parties and bridal or baby showers to anniversaries and corporate gatherings, our elegant and historic setting provides the ideal backdrop for unforgettable moments. Plus, we offer vendor recommendations to help bring your vision to life. Reach out today to learn more about our rental options and start planning your perfect event!



uwcevents@mymts.net



<https://www.uwcwpgmb.com/venue-booking/>

CALL US FOR MORE INFO



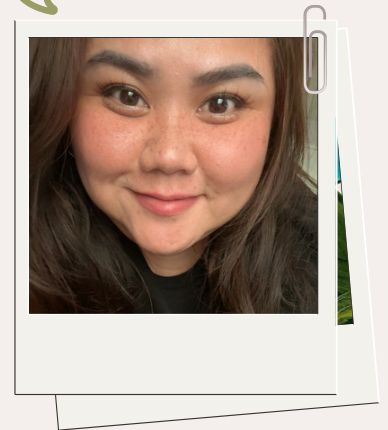
(204) 954-7880

Communications and Membership News

Happy New Year, everyone! I'm Ayah Ponce, and I'm very excited to join the University Women's Club of Winnipeg as your new Communications and Marketing Coordinator! I have over a decade of international experience in public relations and marketing communications, having worked with global brands and non-profit organizations. My career has been shaped by my commitment to crafting strategies that build bridges between brands and their communities. I aim to do that here at UWC and spark conversations and encourage people to ask important questions about the Club.

Originally from the Philippines, I spent most of my adult life in Singapore, where I met my husband, Malek. To stay true to my life goal of never being defined by just one thing, I'm pursuing a postgraduate marketing management diploma at The University of Winnipeg PACE. When I have spare time, I volunteer at local organizations, bake, go on photowalks and explore our new home.

I hope you enjoy this month's bulletin! Thank you for the warm welcome – I can't wait to connect with everyone else soon!



DID YOU KNOW?

Our members proudly support the Healthy Snack Program at Mulvey School!

Each month, Rhoda Sewell kindly delivers a collection of tasty and nutritious snacks to the school. If you'd like to contribute to UWC's monthly collection, please drop off your donations at the office. Here's a list of preferred snack items:

- Apples and Oranges
- Applesauce cups
- Fruit leather
- Nut-free granola bars
- Rice Krispie squares
- Cookies

Important Notes: Commercially prepackaged items can be dropped off at any time in the red basket outside of the Office. Fresh fruit should be dropped off during the last week of the month when the basket is delivered to the school.

Thank you for supporting this meaningful initiative, and a special thanks to Rhoda for coordinating this vital effort!

Debby Brown

In case you missed it..



Debby Brown's debut as Mrs. Ledger, the Gordon family cook, as part of the Living History School Tour.



UWC Engage Holiday Lunch with Westgate Mennonite Collegiate Choir. You may view the video [here](#).



Ariel Gordon is a Fun Gal!



Anne Dunlop, Carolynne Presser and Oriole Veldhuis at UWC's Winter Birthday Celebration!



Westgate Mennonite Collegiate Choir

UWC - ENJOY



BAR 54 NAME THAT TUNE 80's Edition

Back by popular demand, it's another exciting Name that Tune competition! This month, we're taking you back to the iconic sounds of the 80s. Have a "rad" time testing your knowledge of iconic 80s hits like "Girls Just Want to Have Fun" by Cyndi Lauder, or "Don't Stop Believing" by Journey!

Come solo or bring a friend (or two!) and introduce them to the many benefits of UWC membership. Complimentary mocktails and cocktails will be provided for non-members, and there are fabulous prizes to be won. Bar opens at 4:00 PM!

Don't miss this "totally tubular" event—see you there!
Sign up online, by email at uwc@mymts.com,
call 204 954-7880 or just drop in.

FEB 20 GAMES | MUSIC | DRINKS
4:00 - 6:00 PM AT 54 WEST GATE

UWC - EXPLORE CONTINUING EDUCATION

The Beatles and the British Invasion:
How a British music phenomenon spawned a musical,
social, and cultural revolution worldwide.



On the evening of Sunday, February 9, 1964 tens of millions of North American young people and their parents tuned in to The Ed Sullivan Show to see what was already a British phenomenon: The Beatles' first North American appearance. Our lives would never be the same. As one pundit stated, "It was as if our lives had been in black and white and suddenly, they were in technicolour."

This three-week multimedia course, beginning Sunday, February 9, 2025, sixty-one years from that milestone appearance, explores the origins of The Beatles, Merseybeat, Beatlemania, and the British Invasion in the 1960s; the key figures, influences, music, fashion, and impact on society.

John Einarson is an acclaimed musicologist, broadcaster, teacher, musician, and award-winning author of 22 music biographies. An expert on the British Invasion, he organized the first ever British Invasion musical history tour from Winnipeg to Liverpool and London.

Dates: Sundays, February 9th, 16th, and 23rd

Time: 1:30 PM - 3:30 PM

Fee: Members \$50. Non-members \$65

Sign up [online](#), email uwc@mymts.net, or call 204-954-7880. You can also visit UWC at 54 West Gate to sign up in person during business hours Tuesday through Thursday. We are asking you to pay when you register – cash, cheque, debit, or e-transfer to uwcfin@mymts.net.

Come learn with us!

UWC - EXPLORE CONTINUING EDUCATION

Russia and the West

We are delighted to welcome back U of W Professor Emeritus Daniel Stone to lead a further exploration of Russia's past and present. Many of us enjoyed his timely and thought-provoking series Roots of Conflict in Eastern Europe in November 2022. In this course, he will discuss the development of Russian national identity and how it has fostered and contributed to conflicts with the West throughout history.

As part of his presentation, Dr. Stone will reference how literary works have promoted and celebrated these differences. He will further discuss how the Czars, Communist leaders, and Vladimir Putin have used national identity to maintain their power. Join us in March to learn more about this enigmatic world power.

Dates: Tuesdays - March 11th, 18th, 25th

Time: 9:45 AM - 11:30 AM

Fee: Members \$45. Non-members \$60

Registration is now open! If you registered for the course originally scheduled for the fall and are not able to attend on these new dates, please see Jolene.

Sign up [online](#), email uwc@mymts.net, or call 204-954-7880. You can also visit UWC at 54 West Gate to sign up in person during business hours Tuesday through Thursday. We are asking you to pay when you register - cash, cheque, debit, or e-transfer to uwcfm@mymts.net.

Coffee/tea is provided at 9:30 AM before class starts and at the break. Consider joining us for lunch after class in our beautiful historic Club - reservations required as usual.

Come learn with us!

UWC - ENGAGE LUNCH & SPEAKER

Love Our Water by Alexis Kanu of Lake Winnipeg Foundation



Join us on Friday, February 14th as we welcome Alexis Kanu, Executive Director of the Lake Winnipeg Foundation (LWF).

Alexis will speak on the solutions that need to be implemented – both inside and outside of the perimeter – to restore and protect Lake Winnipeg. One area of focus is reducing phosphorus, the nutrient that drives the growth of algal blooms on Lake Winnipeg. LWF is working to accelerate compliance at Winnipeg's north end sewage treatment plant, and Alexis will share findings from the Lake Winnipeg Community-Based Monitoring Network, which helps to identify phosphorus hotspots in Manitoba.

Bar Opens: 11:30 AM | Lunch: 12:00 PM | Speaker: 1:15 PM

Lunch Menu at \$23.75: Chicken schnitzel, cranberry sauce, mashed potatoes, broccoli, Valentine torte

Register for this event [online](#) or by emailing uwc@mymts.net. Please indicate whether you will be attending both the lunch and program, or program only.

UWC - ENGAGE DINNER & SPEAKER

The Journey from Veterinarian to Author with Dr. Philipp Schott



On Wednesday, February 26 UWC welcomes guest speaker Dr. Philipp Schott. He will share with us his experiences transitioning from being the chief of staff at a busy small animal hospital to becoming the best-selling author of a series of veterinary memoirs, murder mysteries, and a novel based on his father's experiences as an autistic boy in Nazi Germany. Philipp was born in Germany, but grew up in Saskatoon. He has practiced veterinary medicine in Winnipeg since 1990, and is the author of seven books so far.

Bar Opens: 5:00 PM | Dinner: 6:00 PM | Speaker: 7:15 PM

Dinner Menu at \$35: Spinach salad, pork tenderloin with jalapeño jelly, scalloped potatoes, green beans almondine, blueberry squares

Register for this event [online](#) or by emailing uwc@mymts.net. Please indicate whether you will be attending both the lunch and program, or program only.

UWC Activity Groups

CONTEMPORARY LITERATURE BOOK CLUB

All members are welcome to attend the Contemporary Book Club February meeting on the 4th starting at 1:00 PM. We will be discussing SNOW ROAD STATION by Elizabeth Hay.

Judy McDonald

MAHJONG

We play the first and third Tuesday of the month from 10:00 AM until noon from September until June. In February we will play on Tuesday the 4th and 18th.

Agnes Collins

WRITING GROUP

We are meeting on Feb 20th, Mar 6th, April 10th, May 8th, and June 19th. Please check and update your calendars!

Laura Atkinson

OUT TO LUNCH BUNCH

The next OTLB will be held at the usual fourth Friday of the month, February 28th. Reach out to me for reservation and more information at cpresser@mymts.net.

Carolynne Presser

AFTERNOON BOOK CLUB

We meet on the second Wednesday of the month 1:00 PM until 3:00 PM, February 12th: Anne Dunlop will present A History of Burning by Janika Oza. Club members are welcome to join us for any of the presentations.

Agnes Collins

SCRABBLE N' BABBLE

Scrabble 'n Babble will be on Wednesday, Feb 5th at 10 a.m. Next dates would Mar 5th, April 2nd, May 7th, and June 4th. If you would like to join us, please do. No experience required.

Dianne Beaven

SUNROOM GROUP

I hope you are all keeping warm and cozy. The Sunroom Group meets every Thursday, afternoon from 1:15 PM - 3:00 PM. Come and join us for a relaxing escape with interesting club members, and enjoy some stories and lots of laughter. There are also delicious cookies, tea and coffee to treat ourselves as we enjoy the afternoon.

Take care, see you in the Sunroom!

Penni Churko

SOCIAL BRIDGE

In February we will play on Tuesday, the 11th and Tuesday, the 25th, starting at 1:00 PM. We welcome new players and if you are interested do come and observe. We try to finish by 3:00 PM due to the traffic.

Heather Menzies

Current Issues & Actions

Current Issues and Actions Committee is gearing up for another year of advocacy. In our review of the resolutions adopted by CFUW for the coming year, we identified two resolutions for our further study:

- Aging in Place: Resources for all Canadians to age at Home and in Community Settings
- Incentives to Adopt Current Standards for Long-term Care

We are currently doing some research to better understand what exists now in Manitoba and what standards and accreditations are currently required in long-term care homes. The housing and care of persons as they age is an issue affecting us all. Is this an area in which you have an interest or can add your experience? Join us!

We are also looking ahead and forming tentative plans for further emphasis on events during the 16 Days of Advocacy Against Gender Violence. Stay tuned!

Our next meeting is Wednesday, February 19, at 1:30 PM . Our meetings are in person with a Zoom option for anyone unable to be at the Club. All are welcome!

Shelagh Marchenski

Writing Group

So Heads Up Everyone!

The UWC Writing Group will meet again on Thursday, February 20th at 1:00 PM.

Each of our meetings takes the form of a mini-workshop in which we write together on a topic that is provided. The topic is general enough to allow a wide variety in the direction and scope of response. We then share as much of our writing as we are comfortable with. These activities are always interesting and generate lots of enjoyable discussion. New members are always welcome. Coffee and tea will be provided.

Laura Atkinson



cfuw fcfd Realizing potential. For all women.
Le pouvoir par le savoir.

Plans are underway for a Prairie Gathering in 2025 for CFUW members from the prairies. A tentative date for the gathering is the weekend of June 13 to 15, 2025 in Saskatoon. More details will be provided as they are confirmed.

A Federal election will be held soon, CFUW will release an Election Toolkit after the election is called. Please note that CFUW is a non-partisan organization so Clubs cannot take a position regarding any party or candidate. If members are engaged in campaign activities, it must be as individuals fully removed from Club spaces and their role with CFUW. Clubs can, however, express support or opposition to policies and laws where we have an Adopted Resolution that supports that position, or where it is directly related to CFUW's mission and values. The key is to focus on the issues, not the individuals or parties. Resources about election guidelines for non-profits and non-partisanship can be found in the January 17, 2025, CFUW newsletter.

Shelly McFadyen – CFUW Liaison and RD Manitoba

Scholarship Committee

We are grateful for the many donations to the Scholarship Trust Fund. We have now issued our thank you notes and receipts for all donations received in the 2024 calendar year. If anyone has not received a receipt for a donation, please contact Willy Slipetz.

We are continuing our efforts to create a bursary at the University College of the North. The most recent discussion has included the potential terms of reference.

The next meeting of the Scholarship Committee will be on Thursday, February 27 at 10:00 AM.

Ruth Suderman



FRIENDS OF THE
RALPH CONNOR
HOUSE ^{INC.}

Hello Everyone,

Happy New Year! I hope you have all recovered from the Holiday Season!

It has been a quiet December and January for FRCH—just a few minor issues for Ralph Connor House {RCH}. One of the thermostats had to be looked at as it was not functioning properly, and some ceiling tiles in the Gold Room on the second floor were sagging. Fortunately, it does not appear to be caused by our "friendly neighbourhood squirrels", looks like the strapping may require replacing.

Regarding the Carriage House, after a conversation with Jordon from Imrie Demolition it looks as if the demolition will take place—at the end of February or the first week of March—as long as Mother Nature cooperates, and the ground stays frozen! The iron gates and the gate cap for the north entrance that are stored in the Carriage House will be removed by Imrie before the demolition. Sometime in February, Alpha Masonry will be removing as much of the red tapestry brick and stonework as they can. These will be stored by the storage shed by the ramp for use in the future, or they may be sold.

We are still looking for a performer for the Living History Program - School Tours. Charles Gordon's Secretary—it is an easy role, and we have a script available for anyone who may be interested. Come and join our performers for a fun few hours interacting with grade 6 students, as we share some history of 1917.

The FRCH AGM will be held on Tuesday, February 25th, at 1:30 PM, please come and meet the Board members and hear what FRCH is up to for the future. Refreshments will be served in the dining room at 1:00 PM. See you all there. Thank you, take good care!

Your Friends of The Ralph Connor House Inc. Board of Directors
Penni Churko, President
(204) 757-2274 or teddy.brs47@gmail.com

FEBRUARY MENUS

MEALS BY WESTGATE CATERING

The regular price for club lunches is \$25.00. **Please note that in February, the GST holiday extends to February 15; see each date for meal price.** The cash bar opens at 11:30 a.m. and lunch served at 12:00 PM. Wednesday dinners are \$35.00, with the cash bar opening at 5:30 PM and dinner served at 6:00 PM. Meal prices include buns, coffee or tea, taxes, and gratuity.

Reservations are required and must be made by 4:30 PM. on Thursday each week. To secure your spot, you can sign up [online](#), email uwc@mymts.net, visit in person, or call 204-954-7880. To avoid penalties, you must cancel at least 24 hours in advance. **Menu substitutions are available if requested in advance, and any special preferences, such as seating or parking, should be indicated at the time of reservation.**

Tuesday lunch menus

FEBRUARY	4	Chicken cacciatore on penne noodles, fruit cup, cookies (\$23.75)
	11	Chili, green salad, corn bread, lemon squares with garnish (\$23.75)
	18	Fish and chips, coleslaw, mushy peas, cherry pie (\$25)
	25	Vegetable soup, assorted sandwiches, dainties (\$15)

Program lunch and dinner menus

FEBRUARY	14	<i>LUNCH:</i> Chicken schnitzel , cranberry sauce, mashed potatoes, broccoli, Valentine torte (\$23.75)
	26	<i>DINNER:</i> Spinach salad, pork tenderloin with jalapeño jelly, scalloped potatoes, green beans almondine, blueberry squares (\$35)

February

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 UWC is Closed	4 10:00 Mahjong 11:30 Club Bar and Lunch 1:00 Contemporary Book Club 1:30 Personnel Meeting	5 10:00 Scrabble N' Babble 6:30 External Event	6 10:00 Archives 10:00 Meeting 1:15 Sunroom Group	7 UWC is Closed	8
9 11:00 External Event 1:30 UWC - Explore: The Beatles and British	10 UWC is Closed	11 11:30 Club Bar and Lunch 1:00 Social Bridge 1:30 Program Committee	12 9:00 Living History Tour 1:00 Wednesday Book Club	13 10:00 H & G Meeting 1:00 Finance Committee 1:15 Sunroom Group 7:00 External Event	14 11:30 UWC - Engage Lunch and Speaker - Alexis Kanu	15
16 1:30 UWC - Explore: The Beatles and British	17 UWC is Closed 3:00 External Event	18 10:00 Mahjong 11:30 Club Bar and Lunch 1:30 Board Meeting	19 BULLETIN DEADLINE 10:00 Fundraising Committee 1:30 CIA Committee Meeting	20 11:00 Meeting 1:00 Writers Group 1:15 Sunroom Group 1:30 Mem/Comm Meeting 4:00 UWC - Enjoy Bar 54	21 UWC is Closed	22
23 1:30 UWC - Explore: The Beatles and British	24 UWC is Closed	25 11:30 Club Bar and Lunch 1:00 Social Bridge	26 5:00 UWC - Engage Dinner and Speaker: Dr. Phillip Schott	27 10:00 Scholarship Meeting 1:00 Archives 1:15 Sunroom Group	28 UWC is Closed	